



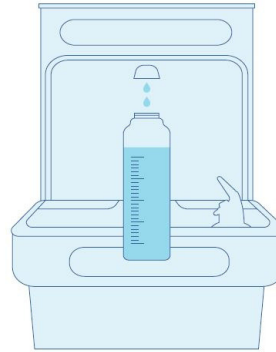
HYDRATE PHILLY



28 recreation centers in low income neighborhoods that offer summer and after school programming participated in the Hydrate Philly study.

14 centers received a new hydration station. The other 14 centers did not –they kept using their existing water fountain(s).

The Hydrate Philly study examined the differences between centers that got new hydration stations and centers that didn't.



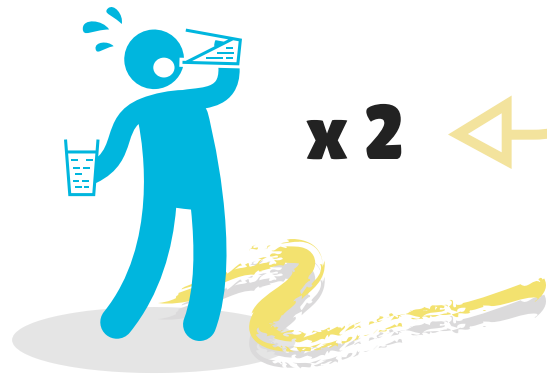
VS.



x 138

People drank 8.6 more gallons of water each day at sites with a hydration station. That's a difference of 138 glasses of water each day.

The amount of water people drank doubled after hydration stations were installed.



Recreation center staff drank more water and fewer sugar sweetened beverages after the hydration stations were installed.



1 vs. 6

maintenance problems reported by staff

The new hydration stations had fewer maintenance problems, and staff spent the same amount of time cleaning and maintaining the new unit compared to the existing water fountains.

