In 2022, healthcare institutions continued to make more fresh, healthy, local food available in partnership with the Good Food, Healthy Hospitals initiative. Even as the effects of the COVID-19 pandemic continued to impact operations, we marked an increase in healthy vending choices, and welcomed 13 new participating hospitals. We proudly recognize our participants for nourishing their communities with practices that promote the health of the individual, the environment, and the local economy.

– Shelley Chamberlain
Healthy Food in Healthcare Specialist
Good Food, Healthy Hospitals

Good Food, Healthy Hospitals is an initiative transforming Pennsylvania’s hospital food environments by bringing healthier options to thousands of employees, visitors, and patients every day. Funding is provided by the Pennsylvania Department of Health through the State Physical Activity and Nutrition grant and Preventive Health and Health Services Block Grant from the Centers for Disease Control and Prevention.

www.foodfitphilly.org/gfhh

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HOW THE PROGRAM WORKS

Participants pledge to promote good healthcare through good food choices

- Offering more:
  - fresh fruits and vegetables
  - nutritionally dense food
  - healthy, natural beverages

- Promoting healthy options
  with signs, posters and brochures

- Providing nutrition information

- Incentivizing purchases of healthy foods

Targeting five food environments

Participants target food served throughout the hospital, in patient meals, cafeteria service, catering and vending, as well as in hospital food purchasing plans. Good Food, Healthy Hospitals supports achievement in these five areas by providing procurement standards, implementation assistance, and marketing materials to educate patients, staff and the community.

IMPACT

BY THE NUMBERS

50 pledged hospitals in 26 counties
78,239 hospital staff
188 healthier vending machines
5.1 million cafeteria meals/year
5.3 million patient meals/year

More than one third of Pennsylvania counties are now served by participating hospitals, including many of the state’s most populous areas.

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Results from 35 of 50 hospitals (70%) reporting at time of publication
Participation has more than doubled

19 hospitals
2019

50 hospitals
2022

Hospitals are achieving more over time

Hospitals implement strategies in one to five areas and receive recognition for achievement.

- **Platinum:** 5 areas
- **Gold:** 4 areas
- **Silver:** 3 areas
- **Bronze:** 2 areas
- **Participant:** 1 area
- **Pledge signatory**

**2019**

- **62%** of 50 hospitals achieved Silver or above
- **58%** of 19 hospitals achieved Silver or above

**2022**

**WHY HOSPITALS?**

**HOSPITALS ARE UNIQUELY POSITIONED TO MAKE A DIFFERENCE.**

Healthcare institutions are cornerstones of communities and drivers of the local economy. Food that is fresh, healthy, and environmentally sustainable is central to preventive care.

Hospitals prepare thousands of meals every day and have a unique opportunity to:

- Improve community health and wellness, particularly for nutritionally vulnerable populations
- Lessen the economic burden of healthcare costs associated with type two diabetes, cardiovascular disease and other diet-related illness
- Serve as a model for other large institutions, employers and programs
- Influence suppliers to provide more foods that promote human health, a thriving regional economy and a healthy environment
- Increase access to healthier food and beverage choices on site
ACHIEVEMENT

Celebrating 2022 Good Food, Healthy Hospitals leaders

**Geisinger**
- Geisinger Bloomsburg Hospital
- Geisinger Community Medical Center
- Geisinger Jersey Shore Hospital
- Geisinger Lewistown Hospital
- Geisinger Medical Center
- New! Geisinger Medical Center Muncy
- Geisinger Shamokin Community Hospital
- Geisinger South Wilkes-Barre
- Geisinger Wyoming Valley

**Penn Medicine**
- Chester County Hospital
- Hospital of the University of Pennsylvania
- Penn Medicine Rittenhouse
- Penn Presbyterian Medical Center
- Pennsylvania Hospital
- Hospital of the University of Pennsylvania, Cedar Ave.

**Pennsylvania**
- St. Luke’s Allentown Campus
- St. Luke’s Anderson Campus
- St. Luke’s Bethlehem Campus
- New! St. Luke’s Carbon Campus
- New! St. Luke’s Easton Campus
- St. Luke’s Lehigh Campus
- St. Luke’s Miners Campus
- St. Luke’s Monroe Campus
- St. Luke’s Upper Bucks Campus
- St. Luke’s Sacred Heart Campus
- Geisinger St. Luke’s Hospital

**St. Luke’s Hospital Network**
- St. Christopher’s Hospital for Children
- New! Endless Mountains Health Systems
- Chambersburg Hospital
- Ephrata Community Hospital
- Gettysburg Hospital
- Good Samaritan Hospital
- Philhaven Hospital
- Surgery & Rehabilitation Hospital
- Waynesboro Hospital
- York Hospital

**SPECIAL MENTION**

Congratulations Episcopal Hospital on opening a community food pantry; and to St. Luke’s Monroe Campus and Geisinger Muncy for implementation of all five standards this year.

**KEY**

- **Pledge Signatory**: Sign the Good Food, Healthy Hospitals Pledge and identify goals reaching any level of achievement
- **Participant**: Implement one of the Good Food, Healthy Hospitals standards
- **Bronze**: Implement two of the Good Food, Healthy Hospitals standards
- **Silver**: Implement three of the Good Food, Healthy Hospitals standards
- **Gold**: Implement four of the Good Food, Healthy Hospitals standards
- **Platinum**: Implement all five of the Good Food, Healthy Hospitals standards