



2024 REPORT

Good Food, Healthy Hospitals is an initiative transforming Pennsylvania's hospital food environments by bringing healthier options to thousands of employees, visitors, and patients every day. Funding is provided by the Pennsylvania Department of Health through the Preventive Health and Health Services Block Grant from the Centers for Disease Control and Prevention.

www.foodfitphilly.org/gfhh

In 2024, healthcare institutions continued to make more fresh, healthy, local food available in partnership with the Good Food, Healthy Hospitals initiative. This year, GFHH awarded eight grants totaling \$58,500 to participants that offer services and programs supporting nutrition security and health equity for hospital patients, staff and the broader community.

We proudly recognize all participants, including 12 Pledge Signatory hospitals, for nourishing their communities with practices that promote the health of the individual, the environment and the local economy.

*– Shelley Chamberlain, RD, LDN
Healthy Food in Healthcare Specialist
Good Food, Healthy Hospitals*



HOW THE PROGRAM WORKS

Participants pledge to promote good healthcare through good food choices

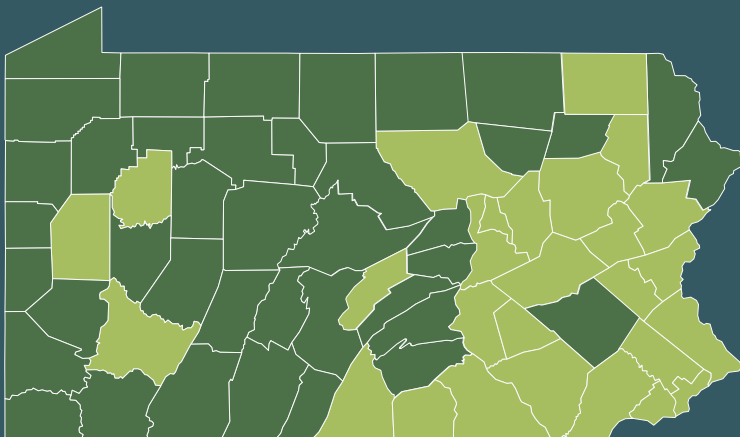
- ▶ **Offering more:**
 - fresh fruits and vegetables
 - nutritionally dense food
 - healthy, natural beverages
- ▶ **Promoting healthy options** with signs, posters and brochures
- ▶ **Providing nutrition information**
- ▶ **Incentivizing purchases of healthy foods**
- ▶ **Improving community access with:**
 - farm stands and farmers markets
 - Community Supported Agriculture programs
 - food pantries
- ▶ **Offering fewer:**
 - sugar-sweetened beverages
 - packaged snacks
 - unhealthy fats
 - processed foods

Targeting five food environments

Participants target food served throughout the hospital, in **patient meals, cafeteria service, catering and vending**, as well as in hospital food **purchasing plans**. Good Food, Healthy Hospitals supports achievement in these five areas by providing procurement standards, implementation assistance, and marketing materials to educate patients, staff and the community.



IMPACT



More than one third of Pennsylvania counties are now served by participating hospitals, including many of the state's most populous areas.

BY THE NUMBERS

63 pledged hospitals in 27 counties

33,772 hospital staff

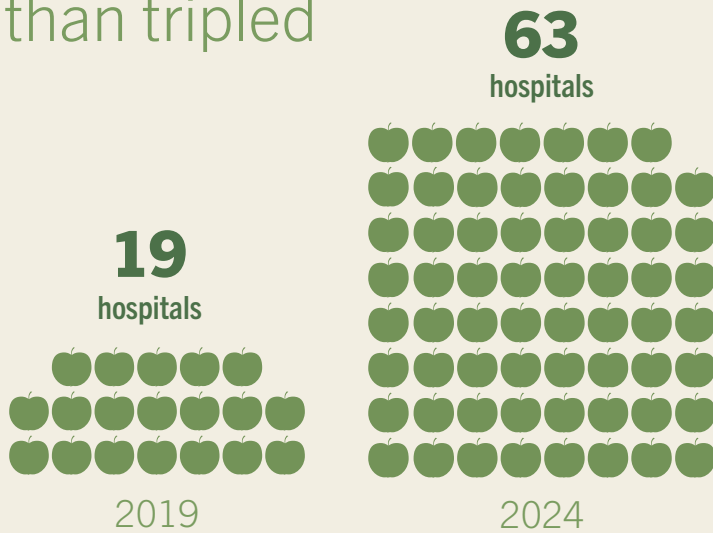
322 healthier vending machines

6 million cafeteria meals/year

1.5 million patient meals/year

Results from 36 of 57 hospitals (63.2%) reporting at time of publication

Participation has more than tripled

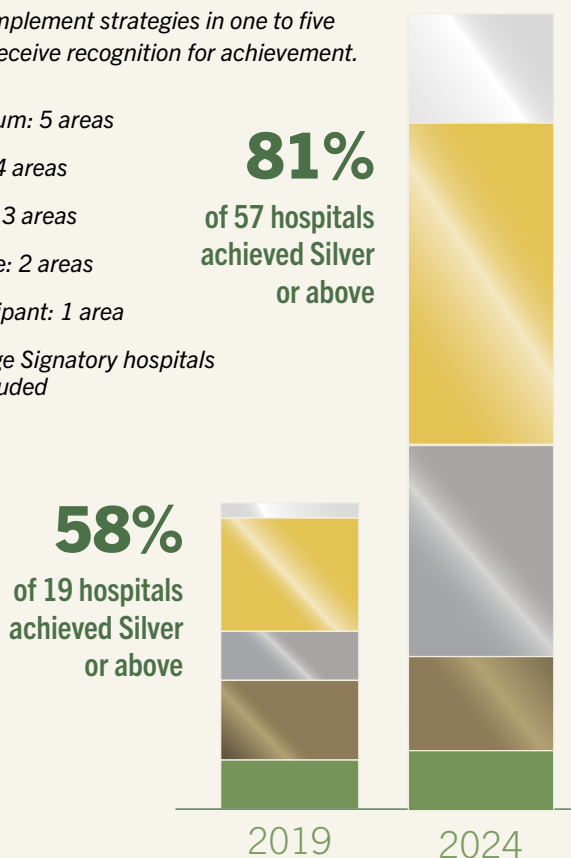


Hospitals are achieving more over time

Hospitals implement strategies in one to five areas and receive recognition for achievement.

- Platinum: 5 areas
- Gold: 4 areas
- Silver: 3 areas
- Bronze: 2 areas
- Participant: 1 area

Note: Pledge Signatory hospitals are not included



WHY HOSPITALS?

Hospitals are uniquely positioned to make a difference.

Healthcare institutions are cornerstones of communities and drivers of the local economy. Food that is fresh, healthy, and environmentally sustainable is central to preventive care.

Hospitals prepare thousands of meals every day and have a unique opportunity to:

- ▶ Improve community health and wellness, particularly for nutritionally vulnerable populations
- ▶ Lessen the economic burden of healthcare costs associated with type two diabetes, cardiovascular disease and other diet-related illness
- ▶ Serve as a model for other large institutions, employers and programs
- ▶ Influence suppliers to provide more foods that promote human health, a thriving regional economy and a healthy environment
- ▶ Increase access to healthier food and beverage choices on site

Celebrating 2024 Good Food, Healthy Hospitals



- Butler Memorial Hospital
- Clarion Hospital
- **NEW!** Frick Hospital
- **NEW!** Latrobe Hospital
- **NEW!** Westmoreland Hospital

Geisinger

- Geisinger Bloomsburg Hospital
- Geisinger Community Medical Center
- Geisinger Jersey Shore Hospital
- Geisinger Lewistown Hospital
- Geisinger Medical Center
- Geisinger Medical Center Muncy
- Geisinger Shamokin Community Hospital
- Geisinger South Wilkes-Barre
- Geisinger Wyoming Valley



- Endless Mountains Health Systems



- Einstein Medical Center Philadelphia
- **New!** Jefferson Abington
- **New!** Jefferson Bucks
- **New!** Jefferson Frankford
- **New!** Jefferson Lansdale
- **New!** Jefferson Montgomery
- **New!** Jefferson Torresdale
- Jefferson University Hospital
- Methodist Hospital
- Moss-Magee Rehabilitation – Center City
- Moss-Magee Rehabilitation – Elkins Park



- Lankenau Medical Center



- Chester County Hospital
- Hospital of the University of Pennsylvania
- Hospital of the University of Pennsylvania, Cedar Ave.
- Penn Medicine Rittenhouse
- Penn Presbyterian Medical Center
- Pennsylvania Hospital
- **NEW!** Lancaster General Hospital
- **NEW!** Suburban Pavilion
- **NEW!** Women & Babies Hospital



- St. Christopher's Hospital for Children



- St. Luke's Allentown Campus
- St. Luke's Anderson Campus
- St. Luke's Bethlehem Campus
- St. Luke's Carbon Campus
- St. Luke's Easton Campus
- St. Luke's Lehighon Campus
- St. Luke's Miners Campus
- St. Luke's Monroe Campus
- St. Luke's Sacred Heart Campus
- St. Luke's Upper Bucks Campus
- Geisinger St. Luke's Hospital



- Episcopal Hospital
- Fox Chase Cancer Center
- Jeanes Hospital
- Temple University Hospital



- Mercy Fitzgerald
- Nazareth Hospital
- St. Mary Medical Center



- Chambersburg Hospital
- Ephrata Community Hospital
- Gettysburg Hospital
- Good Samaritan Hospital
- Philhaven Hospital
- Surgery & Rehabilitation Hospital
- Waynesboro Hospital
- York Hospital

SPECIAL MENTION

Welcome to the 12 **NEW** Good Food, Healthy Hospitals!

KEY



- **Pledge Signatory:** Sign the Good Food, Healthy Hospitals Pledge and identify goals reaching any level of achievement
- **Participant:** Implement one of the Good Food, Healthy Hospitals standards
- **Bronze:** Implement two of the Good Food, Healthy Hospitals standards

- **Silver:** Implement three of the Good Food, Healthy Hospitals standards
- **Gold:** Implement four of the Good Food, Healthy Hospitals standards
- **Platinum:** Implement all five of the Good Food, Healthy Hospitals standards