



2025 REPORT

Ten Years of Good Food, Healthy Hospitals

This year, GFHH proudly celebrates a decade of progress in transforming Pennsylvania's hospital food environments. Our collective efforts have brought healthier food choices to thousands of employees, visitors, and patients every day—helping to promote the healthy choice in healthcare settings across the state.

www.foodfitphilly.org/gfhh



In 2025, healthcare institutions continued to prioritize nutritious, locally sourced food by collaborating with the Good Food, Healthy Hospitals (GFHH) initiative. As part of these efforts, GFHH awarded eight grants totaling \$120,000 to participating institutions. The grants supported programs aimed at improving food security, particularly for individuals with or at risk for Type 2 diabetes within the hospital and healthcare community.

We proudly recognize all participants, including two Pledge Signatory hospitals, for nourishing their communities with practices that promote the health of the individual, the environment and the local economy.

— Shelley Chamberlain, RD, LDN
Healthy Food in Healthcare Specialist
Good Food, Healthy Hospitals

HOW THE PROGRAM WORKS

Participants pledge to promote good healthcare through nutritious food choices

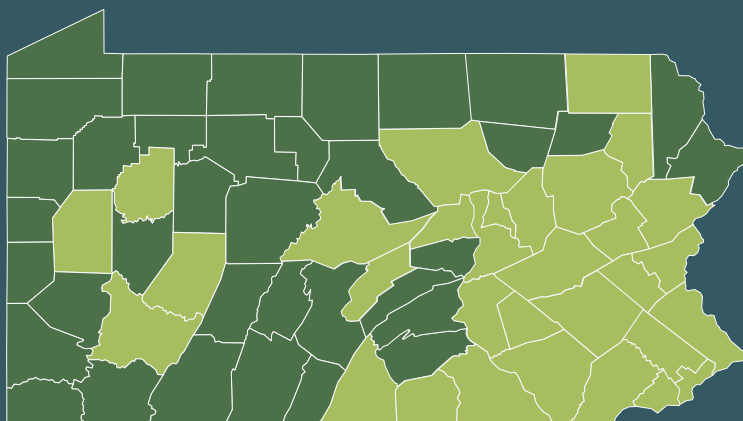
- ▶ **Offering more:**
 - fresh fruits and vegetables
 - nutritionally dense food
 - healthy, natural beverages
 - plant-based options
- ▶ **Promoting healthy options** with signs, posters and brochures
- ▶ **Providing nutrition information**
- ▶ **Incentivizing purchases** of healthy foods
- ▶ **Improving community access with:**
 - farm stands and farmers markets
 - Community Supported Agriculture programs
 - food pantries
 - nutrition security grants
- ▶ **Offering fewer:**
 - sugar-sweetened beverages
 - packaged snacks
 - unhealthy fats
 - highly processed foods

Targeting five food environments

Participants target food served throughout the hospital, in **patient meals, cafeteria service, catering and vending**, as well as in hospital food **purchasing plans**. Good Food, Healthy Hospitals supports achievement in these five areas by providing procurement standards, implementation assistance, and marketing materials to educate patients, staff and the community.



IMPACT



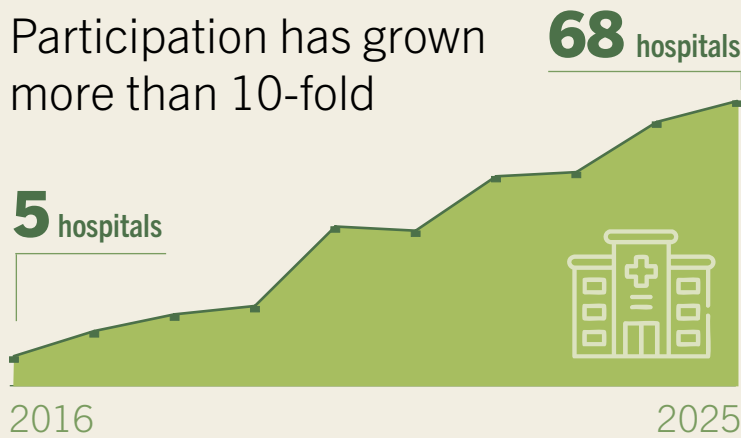
Nearly one half of Pennsylvania counties are now served by participating hospitals, including many of the state's most populous areas.

BY THE NUMBERS

68 pledged hospitals in **31** counties
130,544 hospital staff
258 healthier vending machines
13.3 million cafeteria meals/year
3.4 million patient meals/year

HOW WE'VE GROWN

Participation has grown more than 10-fold



Hospitals are achieving more over time

2025
The number of hospitals reaching silver or above **nearly doubled** since 2021, from 28 to 51

KEY
Hospitals implement strategies in one to five areas and receive recognition for achievement.

- Platinum: 5 areas
- Gold: 4 areas
- Silver: 3 areas
- Bronze: 2 areas
- Participant: 1 area

(Pledge Signatory hospitals not included)

2021
76%
of 37 hospitals achieved silver or above

2016



WHY HOSPITALS?

Hospitals are uniquely positioned to make a difference.

Healthcare institutions are cornerstones of communities and drivers of the local economy. Food that is fresh, healthy, and environmentally sustainable is central to preventive care.

Hospitals prepare thousands of meals every day and have a unique opportunity to:

- ▶ Improve community health, particularly for nutritionally vulnerable populations
- ▶ Lessen the economic burden of healthcare costs associated with nutrition-related illness
- ▶ Serve as a model for other large institutions and programs
- ▶ Encourage suppliers to offer more nutritious foods that support health, local economies, and the environment
- ▶ Increase access to healthier food and beverage choices on site

“Everyone who walks in one of our buildings has access to healthy options and nutrition education because of our vital partnership with Good Food, Healthy Hospitals.”

Janelle Craig, MPH, RD, LDN
Clinical Dietitian, Food & Nutrition Services
Independence Health System

“As a Vending Partner since 2018, we are proud to have supported GFHH and multiple Health Systems to provide healthier snack and beverage choices. We remain committed to supporting wellness and welcome opportunities to expand our collaboration.”

Greg Arbiz
V.P. of Business Development
RDS Vending Services

CELEBRATING 2025 GOOD FOOD, HEALTHY HOSPITALS



- Butler Memorial Hospital
- Clarion Hospital
- Frick Hospital
- Latrobe Hospital
- Westmoreland Hospital

Geisinger

- Geisinger Bloomsburg Hospital
- Geisinger Community Medical Center
- Geisinger Jersey Shore Hospital
- Geisinger Lewistown Hospital
- Geisinger Medical Center
- Geisinger Medical Center Muncy
- Geisinger Shamokin Community Hospital
- Geisinger South Wilkes-Barre
- Geisinger Wyoming Valley



- Endless Mountains Health Systems



- NEW!** Indiana Regional Medical Center



- Einstein Medical Center Philadelphia
- Jefferson Abington
- Jefferson Bucks
- Jefferson Frankford
- Jefferson Lansdale
- Jefferson Montgomery
- Jefferson Torresdale
- Jefferson University Hospital
- Methodist Hospital
- Moss-Magee Rehabilitation – Center City
- Moss-Magee Rehabilitation – Elkins Park



- Lankenau Medical Center



- NEW!** Mount Nittany Health



- Chester County Hospital
- NEW!** Doylestown Hospital
- Hospital of the University of Pennsylvania
- Hospital of the University of Pennsylvania, Cedar Ave.
- Penn Medicine Rittenhouse
- Penn Presbyterian Medical Center
- Pennsylvania Hospital
- Lancaster General Hospital
- Suburban Pavilion
- Women & Babies Hospital



- NEW!** Reading Hospital
- St. Christopher's Hospital for Children



- St. Luke's Allentown Campus
- St. Luke's Anderson Campus
- St. Luke's Bethlehem Campus
- St. Luke's Carbon Campus
- St. Luke's Easton Campus
- St. Luke's Lehighon Campus
- St. Luke's Miners Campus
- St. Luke's Monroe Campus
- St. Luke's Sacred Heart Campus
- St. Luke's Upper Bucks Campus
- Geisinger St. Luke's Hospital



- Episcopal Hospital
- Fox Chase Cancer Center
- Jeanes Hospital
- Temple University Hospital



- Mercy Fitzgerald
- Nazareth Hospital
- St. Mary Medical Center



- Chambersburg Hospital
- Ephrata Community Hospital
- NEW!** Evangelical Community Hospital
- Gettysburg Hospital
- Good Samaritan Hospital
- Philhaven Hospital
- Surgery & Rehabilitation Hospital
- Waynesboro Hospital
- York Hospital

KEY

- Pledge Signatory:** Sign the Good Food, Healthy Hospitals Pledge and identify goals reaching any level of achievement
- Participant:** Implement one of the Good Food, Healthy Hospitals standards
- Bronze:** Implement two of the Good Food, Healthy Hospitals standards
- Silver:** Implement three of the Good Food, Healthy Hospitals standards
- Gold:** Implement four of the Good Food, Healthy Hospitals standards
- Platinum:** Implement all five of the Good Food, Healthy Hospitals standards



Commemorating 10 years of partnerships with visionary leaders driving healthier food and beverage choices for the communities they serve.