

Changes to SNAP Benefits

Federal changes to SNAP began September 1st and November 1st. Many SNAP recipients must now meet a work requirement or exemption to keep their SNAP benefits for more than 3 months.

IF YOU ARE:

- 18 -64 years old
- Do not have a dependent child under 14
- Considered physically and mentally able to work

YOU MUST:

- Meet SNAP work requirements (20 hours per week). You can meet these requirements through:
 - Work
 - Approved employment and training programs
 - Community Service/volunteer work
- Report that you are meeting these requirements to your County Assistance Office

You may be exempt from these new requirements

If you meet an exemption, your SNAP will be safe until your next renewal. Be sure your County Assistance Office knows if you meet an exemption. Exemptions may include:

- Earning \$217.50 or more per week
- Having a physical or mental health condition that limits your ability to work
- *A screener and full list of exemptions can be found on the PA DHS website: dhs.pa.gov/work*

Take Action Now!

1. Check the PA DHS website (dhs.pa.gov/work) for information about requirements.
2. Make sure your address is up to date with PA DHS and the US Postal Service.
3. Complete the exemption survey (CM 558) and medical exemption forms (PA 1921).
4. If you are not exempt, identify work activities with your CAO and participate.
5. Report your status and activities to your County Assistance Office.

Need Help?

PA DHS Customer Service Center:
(215) 560-7226

BenePhilly Clarifi HelpLine:
(800) 994-5537

Learn more
about SNAP
changes here



Access
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resources here