

2026 REPORT

Good Food, Healthy Hospitals

GFHH proudly celebrates the progress made in transforming Pennsylvania's hospital food environments. Through our collective efforts, healthier food choices are available to thousands of employees, visitors, and patients every day. Together, we are promoting healthy choices in healthcare settings, advancing wellness, and expanding healthier communities across the Commonwealth.

www.foodfitphilly.org/gfhh

Pennsylvania Department of Health

HAP The Hospital & Healthsystem Association of Pennsylvania

Department of Public Health CITY OF PHILADELPHIA

Healthcare institutions continue to prioritize nutritious, locally sourced food through collaboration with the Good Food, Healthy Hospitals (GFHH) initiative. As part of these efforts, GFHH awarded seven grants totaling $94,000 to participating institutions, supporting programs designed to improve food security for individuals with or at risk for Type 2 diabetes within hospital and healthcare communities.

We proudly recognize all participating institutions for their commitment to nourishing their communities through practices that support individual health, environmental sustainability, and local economic growth. Their leadership and dedication continue to demonstrate the important role healthcare organizations play in creating healthier, more resilient communities.

– *Shelley Chamberlain, RD, LDN*
Healthy Food in Healthcare Specialist
Good Food, Healthy Hospitals

HOW THE PROGRAM WORKS

Participants pledge to promote good healthcare through nutritious food choices

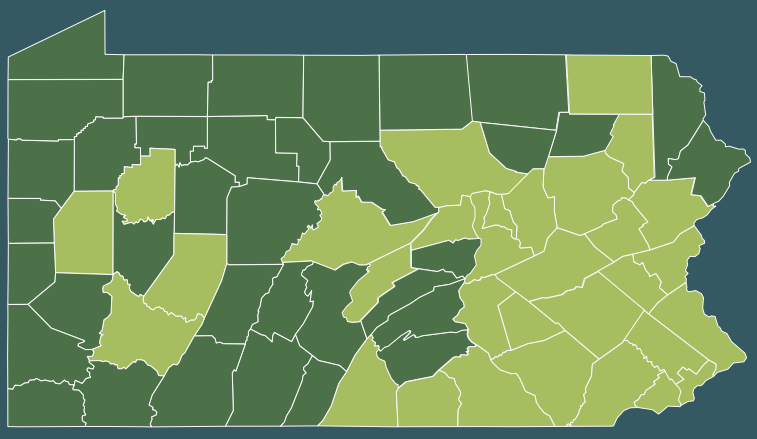
- **Offering more:**
  - fresh fruits and vegetables
  - nutritionally dense food
  - healthy, natural beverages
  - plant-based options
- **Promoting healthy options** with signs, posters and brochures
- **Providing nutrition information**
- **Incentivizing** purchases of healthy foods
- **Improving community access with:**
  - farm stands and farmers markets
  - Community Supported Agriculture programs
  - food pantries
  - nutrition security grants
- **Offering fewer:**
  - sugar-sweetened beverages
  - packaged snacks
  - unhealthy fats
  - highly processed foods

Targeting five food environments

Participants target food served throughout the hospital, in **patient meals, cafeteria service, catering** and **vending**, as well as in hospital food **purchasing** plans. Good Food, Healthy Hospitals supports achievement in these five areas by providing procurement standards, implementation assistance, and marketing materials to educate patients, staff and the community.



IMPACT



Nearly one half of Pennsylvania counties are served by participating hospitals, including many of the state's most populous areas.

BY THE NUMBERS

73 pledged hospitals in **31** counties

123,503 hospital staff

252 healthier vending machines

13.3 million cafeteria meals/year

4.4 million patient meals/year

Results from 69 of 71 hospitals (97.2%) reporting at the time of publication.

HOW WE'VE GROWN

Participation has grown from 4 to 14 health systems

73 hospitals

5 hospitals



2016 2026

Hospitals are achieving more over time

KEY
Hospitals implement strategies in one to five areas and receive recognition for achievement.

- *Platinum: 5 areas*
- *Gold: 4 areas*
- *Silver: 3 areas*
- *Bronze: 2 areas*
- *Participant: 1 area*

(Pledge Signatory hospital not included)

2016

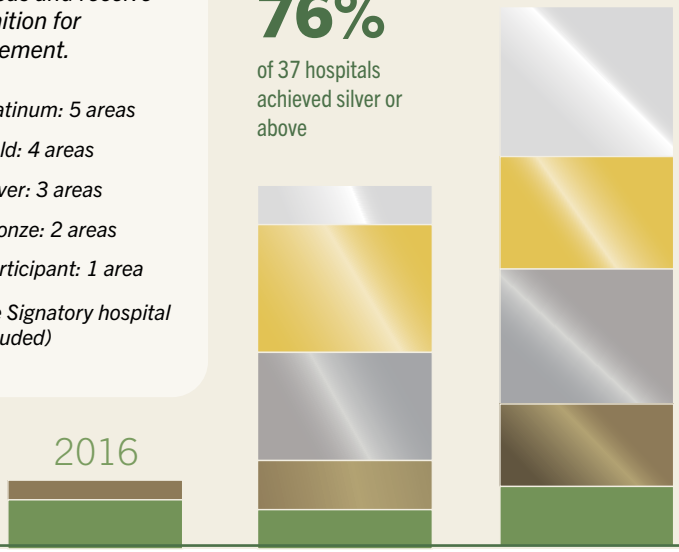
2021

76%

of 37 hospitals achieved silver or above

2026

The number of hospitals reaching silver or above **nearly doubled** since 2021, from 28 to 53



"Good Food, Healthy Hospitals has guided decision-making across our system for years. Teams across Geisinger take pride in creating healthier food and in showcasing their achievements through the program."

Emily Black, MS,RD,LDN
Director, Foodservice Nutrition, Geisinger

WHY HOSPITALS?

Hospitals are uniquely positioned to make a difference.

Healthcare institutions are cornerstones of communities and drivers of the local economy. Food that is fresh, healthy, and environmentally sustainable is central to preventive care.

Hospitals prepare thousands of meals every day and have a unique opportunity to:

- Improve community health, particularly for nutritionally vulnerable populations
- Lessen the economic burden of healthcare costs associated with nutrition-related illness
- Serve as a model for other large institutions and programs
- Encourage suppliers to offer more nutritious foods that support health, local economies, and the environment
- Increase access to healthier food and beverage choices on site

"Our partnership with GFHH reflects Canteen's commitment to community well-being. We recognize the importance of providing accessible, healthy nutrition in hospital settings. We value this program's spirit as we work together to promote healthier vending choices."

Preston Felty
District Operations Manager
Canteen

CELEBRATING 2026 GOOD FOOD, HEALTHY HOSPITALS

Visionary leaders transforming communities through healthier food and beverage choices

Independence Health System

- Butler Memorial Hospital
- Clarion Hospital
- Frick Hospital
- Latrobe Hospital
- Westmoreland Hospital

Geisinger

- Geisinger Bloomsburg Hospital
- Geisinger Community Medical Center
- Geisinger Jersey Shore Hospital
- Geisinger Lewistown Hospital
- Geisinger Medical Center
- Geisinger Medical Center Muncy
- Geisinger Shamokin Community Hospital
- Geisinger South Wilkes-Barre
- Geisinger Wyoming Valley

Endless Mountains Health Systems

- Endless Mountains Health Systems

IRMC

- Indiana Regional Medical Center

Jefferson Health

- Einstein Medical Center Philadelphia
- Jefferson Abington
- Jefferson Bucks
- Jefferson Frankford
- Jefferson Lansdale
- Jefferson Montgomery
- Jefferson Torresdale
- Jefferson University Hospital
- Methodist Hospital
- Moss-Magee Rehabilitation – Center City
- Moss-Magee Rehabilitation – Elkins Park

Main Line Health

- Lankenau Medical Center

Mount Nittany Health

- Mount Nittany Health

Penn Medicine

- Chester County Hospital
- Doylestown Hospital
- Hospital of the University of Pennsylvania
- Hospital of the University of Pennsylvania, Cedar Ave.
- Penn Medicine Rittenhouse
- Penn Presbyterian Medical Center
- Pennsylvania Hospital
- Lancaster General Hospital
- Suburban Pavilion
- Women & Babies Hospital

Tower Health

Advancing Health. Transforming Lives.

- Reading Hospital
- St. Christopher's Hospital for Children

St. Luke's University Health Network

- St. Luke's Allentown Campus
- St. Luke's Anderson Campus
- St. Luke's Bethlehem Campus
- St. Luke's Carbon Campus
- St. Luke's Easton Campus
- **NEW!** St. Luke's Grand View Campus
- St. Luke's Lehighton Campus
- St. Luke's Miners Campus
- St. Luke's Monroe Campus
- St. Luke's Sacred Heart Campus
- St. Luke's Upper Bucks Campus
- Geisinger St. Luke's Hospital

Children's Hospital of Philadelphia

- **NEW!** Children's Hospital of Philadelphia (CHOP)
- **NEW!** CHOP, King of Prussia

Temple Health

- **NEW!** Chestnut Hill
- Episcopal Hospital
- Fox Chase Cancer Center
- Jeanes Hospital
- Temple University Hospital
- **NEW!** Women and Families

Trinity Health Mid-Atlantic

- Mercy Fitzgerald
- Nazareth Hospital
- St. Mary Medical Center

WellSpan Health

- Chambersburg Hospital
- Ephrata Community Hospital
- Evangelical Community Hospital
- Gettysburg Hospital
- Good Samaritan Hospital
- Philhaven Hospital
- Surgery & Rehabilitation Hospital
- Waynesboro Hospital
- York Hospital

- **Pledge Signatory:** Sign the Good Food, Healthy Hospitals Pledge and identify goals reaching any level of achievement
- **Participant:** Implement one of the Good Food, Healthy Hospitals standards
- **Bronze:** Implement two of the Good Food, Healthy Hospitals standards
- **Silver:** Implement three of the Good Food, Healthy Hospitals standards
- **Gold:** Implement four of the Good Food, Healthy Hospitals standards
- **Platinum:** Implement all five Good Food, Healthy Hospitals standards